



Someday is Today: *Live* Your Bucket List

Retiree Workshops
2016 Lifestyle

Someday is Today: Live Your Bucket List

(presented by University of Illinois Extension educators)

Workshop is approximately 90 minutes long, depending upon amount of audience participation

Are there things that you've wanted to accomplish but haven't? Do you say things like, "I'll do that someday," but that day never comes? Come and learn the benefits of goal setting throughout life, and strategies for creating your own bucket list so you can say, "Someday is today!"

July 7, 2016 • 10 AM Oak Brook (DoubleTree)	July 8, 2016 • 10 AM Arlington Heights (Euro Crystal)	July 19, 2016 • 10 AM Naperville (95 th St. Library)	July 20, 2016 • 10 AM Tinley Park (Hilton Garden Inn)
July 27, 2016 • 10 AM Springfield (Capital City Training Ctr.)	August 4, 2016 • 10 AM Rockford (Northern Illinois Univ.)	August 8, 2016 • 10 AM Peoria (Illinois Central College)	August 9, 2016 • 10 AM Champaign (iHotel)

To register, login online at: www.imrf.org
or call 1-800-ASK-IMRF

Locally funded, financially sound.

